

JUNIOR HOLIDAY LESSONS

25th July - 4th September 2022

FREE lessons (teachers in training)

We are offering FREE swimming lessons due to running a teacher training course.

Holiday swim courses (3 day & 4 days available) from £22.50

You have the chance to book swimming courses for Non-swimmers, Nearly Swimmers & Improvers.

Activity swim courses (3 day & 4 days available) from £50.00

We are providing activity swimming courses for more advanced swimmers to upskill their abilities further. Diving, snorkelling & rookie lifeguard available.

One to one swimming lessons from £25.00

An opportunity to have individual swimming lessons in either the main pool or small pool.

Please note all swimming courses / lessons need to be booked in advance.

01937 833001 www.tadcasterpool.org.uk

Charity No. 1106148



SUMMER HOLIDAY PROGRAMME

25th July - 4th September 2022

*Please note the facility will be closed on the 29th August due to the bank holiday

Main Pool Timetable

Monday

0700 - 0900 Early Adult Lane Swim
0900 - 1100 Adult Width Swim
1100 - 1200 Holiday Lessons
1200 - 1530 Public Swimming
1600 - 1800 Holiday Lessons
1800 - 2000 Public Swimming
2000 - 2200 Adult Lane Swimming

Tuesday

0700 - 0900 Early Adult Lane Swim
0900 - 0945 Aquafit
0945 - 1030 Aquafit
1100 - 1200 Holiday Lessons
1200 - 1400 Public Swimming
1400 - 1530 Crazy Fun Swim
1600 - 1800 Holiday Lessons
1800 - 2000 Public Swimming
2000 - 2045 Adult Lane Swimming
2045 - 2200 Evolve Triathlon Training

Wednesday

0700 - 0900 Early Adult Lane Swim
0900 - 1100 Adult Width Swim
1100 - 1200 Holiday Lessons
1200 - 1400 Public Swimming
1400 - 1530 Crazy Fun Swim
1600 - 1700 Holiday Lessons
1700 - 1830 TYS Swim Squad
1830 - 1930 Stingray Swim Squad
1930 - 2015 Aquafit
2030 - 2200 Adult Lane Swimming

Thursday

0700 - 0900 Early Adult Lane Swim
0900 - 0945 Aquafit
0945 - 1030 Aquafit
1100 - 1200 Holiday Lessons
1200 - 1400 Public Swimming
1400 - 1530 Crazy Fun Swim
1600 - 1800 Holiday Lessons
1800 - 2000 Public Swimming
2000 - 2045 Adult Lane Swimming
2045 - 2200 Evolve Triathlon Training

Friday

0700 - 0900 Early Adult Lane Swim
0900 - 1530 Public Swimming
1600 - 1700 Junior Development
1830 - 2100 TYS Swim Squad

Saturday

0700 - 0900 TYS Swim Squad
0900 - 1200 Holiday Lessons
1200 - 1500 Public Swimming
1500 - 1600 Inflatables Fun Session
1600 - 1700 Pool Party
1730 - 1930 Evolve Triathlon Training

Sunday

0700 - 0800 Early Adult Lane Swim
0800 - 1200 Public Swimming
1200 - 1300 Volunteer & Family Swim
1330 - 1600 Public Swimming
1600 - 1730 TYS Swim Squad
1730 - 1930 Lower Wharfe Canoe Club

- Open to the public no booking required
- Open to the public booking advised
- Private session closed to the public

*Holiday lessons require pre-booking. Availability & offerings vary over the six week holiday period, please contact reception to book or find more information

Main Pool Information

Six lane, 25m x 13m main pool with a range of depth from 1.0m to 1.8m Main pool temperature approx 20-22°C

Small Pool Timetable

Monday

1000 - 1200 Holiday Lessons
1200 - 1530 Public Swimming
1600 - 1800 Holiday Lessons
1800 - 2000 Public Swimming

Tuesday

1000 - 1200 Holiday Lessons
1200 - 1400 Public Swimming
1400 - 1530 Crazy Fun Swim
1600 - 1800 Holiday Lessons
1800 - 2000 Public Swimming

Wednesday

1000 - 1200 Holiday Lessons
1200 - 1400 Public Swimming
1400 - 1530 Crazy Fun Swim
1600 - 1800 Holiday Lessons
1830 - 1930 Additional Needs Swim

Thursday

1000 - 1200 Holiday Lessons
1200 - 1400 Public Swimming
1400 - 1530 Crazy Fun Swim
1600 - 1800 Holiday Lessons
1800 - 2000 Public Swimming

Friday

0900 - 1530 Public Swimming
1600 - 1800 Holiday Lessons

Saturday

0900 - 1200 Holiday Lessons
1200 - 1500 Public Swimming
1500 - 1600 Inflatables Fun Session
1600 - 1700 Pool Party

Sunday

0800 - 1200 Public Swimming
1200 - 1300 Volunteer & Family Swim
1330 - 1600 Public Swimming
1730 - 1930 Lower Wharfe Canoe Club

- Open to the public no booking required
- Open to the public booking advised
- private session closed to the public

Small Pool Information

12m x 7m small pool with a depth of 0.85m

Small Pool temperature approx 30c

*Holiday lessons require pre-booking. Availability & offerings vary over the six week holiday period, please contact reception to book or find more information.

Six week holiday timetable dates

Week 1 25th - 31st July 2022

Week 2 1st - 7th August 2022

Week 3 8th - 14th August 2022

Week 4 15th - 21st August 2022

Week 5 22nd - 28th August 2022

Week 6 29th August - 4th September 2022

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