



Please fill in clear blocked capitals
Candidates Details
Course Code:

Title & Name:

Address

Postcode:

Email:

Mobile:

Lane Line:

Date of Birth:

Emergency Contact:

Emergency Contact Number:

Medical Conditions:

PTO

Course Content:

Section 1 – The Lifeguard, Swimming Pool and Supervision

- The Lifeguard and the Law
- Swimming Pool, Hazards and Control measures
- Swimming Pool Supervision

Section 2 – Intervention, Rescue and Emergency Action Plan

- Intervention and Rescue
- Rescue of a Casualty with a Suspected Spinal Injury
- Emergency Action Plan

Section 3 – Cardiopulmonary Resuscitation, AED and First Aid

- Cardiopulmonary Resuscitation
- Automated External Defibrillation
- First Aid

Course Assessment:

Formative by the instructor (ongoing during the course) and summative by external assessors (at the end of the course on a 1:4 ratio).

Candidates should bring with them swim wear; 'T' shirt and shorts to swim in. Also a note pad and pen for personal revision with be required.

Candidates **MUST** attend the entire course.

Candidates will need to provide their own lunch requirements

This course is a professional qualification and will equip candidates to lifeguard any pool in the country.

RLSS LIFEGUARD COURSE'S

Application Form



Tadcaster Swimming Pool

Charity No: 1106148

Tel: 01937 833001

Web: www.tadcasterpool.org.uk

Email: info@tadcasterpool.org.uk

Twitter: @TadcasterPool

Facebook: Tadcaster Swimming Pool



Course Dates 2015

Course Code	Dates	Cost
SC – Feb	Feb 16 th – 22 nd	£250 or Free*
SC – Mar	Mar 30 th – 5 th	£250 or Free*
	Apr	
SC – May	May 25 th – 31 st	£250 or Free*
SC – Jul	Jul 27 th – 2 nd	£250 or Free*
	Aug	
SC – Aug	Aug 10 th – 16 th	£250 or Free*
SC - Oct	Oct 26 th – 1 st	£250 or Free*
	Nov	

Each course consists of 09:00 starts and 18:00 finishes Monday to Friday. All candidates will have Saturday off with the assessment taking place 10:00 – 16:00 on the Sunday.

*Candidates are able to complete the course free of charge if they qualify for funding through the Trust, to qualify you must be:

- Able to volunteer 50 hours over 6 months (not a shorter period)
- Be within a manageable traveling distance of the facility & have means of transport

- Must be able to attend lifeguard training either the 2nd Tuesday or last Tuesday of every month

Once the 50 hours of volunteering has been completed the full deposit will be refunded. However a retrospective charge will be incurred if regular volunteering does not take place

If you would like to discuss the funding/volunteer option further please get in contact with Chris Hirst: details found on the right.

Course Requisite:

- Candidates for this course must be at least 16 years of age at the commencement of the course
- Candidates must be able to swim 50 meters in less than 60 seconds, be able to swim 200m on front and back continuously, treat water for 30 seconds, surface dive to deepest part of pool and pick up a manikin and enter/exit water safely

Please indicate if you are attending the course to Volunteer* or as a Payee

Volunteer**: Payee:

** Limited Funded places available

A £50 deposit is required for this course on booking.

I the undersigned understand the conditions relating to the course and that 100% attendance be achieved

(MUST be signed by candidate)

Signed: _____

Date: _____

Completed applications and associated paperwork should be returned to:

Chris Hirst
Tadcaster Swimming Pool
Westgate
Tadcaster
LS24 9AB

Email: chirst@tadcasterpool.org.uk

Tel: 01937 833001

For Office use only

Deposit Paid by: (Cash/Chq/Card) _____

£50 Deposit paid date: _____

Staff member's signature : _____